



### North African Spice Blend

#### Ingredients

- 1/2 tsp salt
- 1/2 tsp paprika
- 1 tsp cumin
- 3/4 tsp black pepper
- 3/4 tsp coriander
- 1/2 tsp cayenne
- 1/2 tsp ginger
- 1/4 tsp turmeric
- 1 tsp cinnamon
- 1 tsp clove
- 1/2 tsp lemon zest

SLU Alumni Zoom HH 4.30.20



## Spice Blends

### Thai Spice Blend

#### Ingredients

- 2 tsp turmeric
- 2 tsp paprika
- 1 tsp black pepper
- 1 tsp coriander
- 1 tsp fenugreek
- 1/2 tsp dry mustard
- 1/2 tsp ginger
- 1/2 tsp cayenne

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CONCEPTS  
*The Difference is in the Details*



### Cajun Spice Blend

#### Ingredients

- 1 1/2 tbsp salt
- 2 tbsp paprika
- 1 1/2 tbsp garlic powder
- 1 tbsp black pepper
- 2 tsp cayenne
- 2 tsp onion powder
- 2 tsp oregano
- 2 tsp thyme

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